

Paṭhamabodhi Sutta

Ud 1.1 First Discourse on Awakening
Translated by Ānanda
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Thus I have heard—

*Once, the Awakened One was living at Uruvelā,
On the bank of the river Nerañjara,
At the root of the tree of Awakening,
Just after his complete awakening.¹*

*On that occasion,
The Awakened One sat in one posture for seven days,
Experiencing the bliss of freedom.²*

*Then, when the week had passed
He emerged from this Samādhi,³
And, in the first part of the night,
Paid careful attention to the arising chain of causality:⁴*

*When there is this, that comes to be;
When this arises, there is the arising of that, that is—⁵*

- (1) Because of blindness, there are built-in processes,
- (2) Because of built-in processes, there is consciousness,
- (3) Because of consciousness, there is mind and body,
- (4) Because of mind and body, there are the six senses,
- (5) Because of the six senses, there is contact,
- (6) Because of contact, there are felt experiences,
- (7) Because of felt experiences, there is discontent,
- (8) Because of discontent, there is taking,
- (9) Because of taking, there are habit patterns,
- (10) Because of habit patterns, there is [blind] coming into being,
- (11) Because of [blind] coming into being,
- (12) there is aging and death,
And the manifestation of sorrow, sadness, trouble, depression and anxiety.

This is how this whole mass of trouble come to be.

¹ paṭhamābhisambuddho.

² vimuttisukhapaṭisaṃvedī.

³ tamhā samādhimhā vuṭṭhahitvā

⁴ paṭiccasamuppādaṃ anulomaṃ sādhukaṃ manasākāsi:

⁵ “Iti imasmiṃ sati idaṃ hoti, imassuppādā idaṃ uppajjati, yadidaṃ

*Then, having understood this,
the Awakened One let out this joyful revelation:⁶*

*Surely, when the nature of things becomes clear,
To the devout meditating Brāhmaṇa,
At that time, all doubts vanish,
As one understands Nature and its cause.⁷*

⁶ *Atha kho bhagavā etamatthaṃ viditvā tāyaṃ velāyaṃ imaṃ udānaṃ udānesi:*

⁷ *“Yadā have pātubhavanti dhammā, Ātāpino jhāyato brāhmaṇassa; Athassa kaṅkhā vapayanti sabbā, Yato pajānāti sahetudhamman”ti.*



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