

# *Bhojana Sutta*

*AN V 37 Discourse on Giving Food*

*Translated by Bhante Ānanda*

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*"A donor who gives food gives five things to the one who receive.*

*What Five?*

- (1) One gives longevity,*
- (2) One gives beauty,*
- (3) One gives happiness,*
- (4) One gives strength,*
- (5) And one gives intelligence.*

*(1) Giving longevity,  
One partakes of longevity,  
Whether heavenly or human;*

*(2) Giving beauty,  
One partakes of this beauty,  
Whether heavenly or human;*

*(3) Giving happiness,  
One partakes of this happiness,  
Whether heavenly or human;*

*(4) Giving strength,  
One partakes of this strength,  
Whether heavenly or human;*

*(5) Giving intelligence,  
One partakes of this intelligence,  
Whether heavenly or human;*

*A donor who gives food, bhikkhus,  
gives these five things to the one who receives.*

*The wise enjoys longevity, strength,  
Fair complexion and intelligence;  
The sage, giver of happiness,  
Also acquires happiness.*

*Givers of longevity, strength and fair complexion  
Happiness and intelligence;  
Long lived and praised they are,  
Wherever they are reborn.*



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